



DR. ASTRID TRIM

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PATIENT INFORMATION:

Name: Mr., Mrs., Miss, Ms., Dr. _____

Address: _____

City: _____ Postal Code: _____

Phone number: Home: _____ Cell: _____

Bus: _____

Emergency contact name: _____ Phone: _____

Email Address _____

By providing my email address, I give consent to receive updates and information about Momentum Healing Arts Centre. Momentum Healing Arts Centre will never give out or sell any patient addresses.

Date of Birth: ____/____/____ Age: _____ Gender: _____
(mo.) (day) (yr.)

Occupation: _____

Marital Status: ____M ____S ____W ____D

Spouse's Name: _____ No. of children: _____

Were you referred to this clinic? ____ Yes ____ No

If yes, by whom? _____

If no, how did you hear about this clinic? _____

Is your pain a result of a car or work accident? ____ yes ____ no

If yes, when was the accident: _____

Family Physician: _____

Address: _____ Postal Code: _____

Phone number: _____ Fax #: _____



GENERAL HEALTH HISTORY:

Please circle any conditions or symptoms presently causing you problems.

Please X those conditions or symptoms which have been a health concern in the past.

GENERAL SYMPTOMS

- Blackouts
- Headaches
- Migraines
- Fever, Sweats
- Fainting
- Dizziness
- Weight Loss
- Loss of Sleep due to pain
- Convulsions
- Numbness or Tingling in arms/legs
- Anxiety
- Feelings of extreme stress

RESPIRATORY

- Chronic cough
- Spitting up phlegm or blood
- Chest pains
- Shortness of breath

GASTROINTESTINAL

- Poor appetite
- Indigestion
- Hiatus Hernia/Acid Reflux
- Recurring Constipation
- Chronic Diarrhea
- Kidney Stones
- Gall bladder problems
- Irritable Bowel Syndrome
- Colitis /Crohns disease
- Celiac disease
- Do you take medication for any of the above? Yes ___ No ___
- If yes, what? _____

MUSCLES & JOINTS

- Neck pain or stiffness
- Mid back pain or stiffness
- Low back pain or stiffness
- Swollen & painful joints
- Foot pain or injury
- Knee pain or injury
- Shoulder pain or injury
- Arm/Forearm pain or injury
- Wrist pain or injury
- Hand/finger pain or arthritis
- Weakness or loss of strength
- Diagnosis of arthritis: _____
- What kind? _____

CARDIOVASCULAR

- Varicose Veins
- Swelling of the ankles
- Angina
- Bleeding disorder
- High blood pressure
- Low blood pressure
- High cholesterol
- Do you take medication for these? Yes _____ No _____

GENERAL QUESTIONS:

- Have you ever been in a car accident? Yes No
- When? _____
- Sleep Posture: circle all that apply:
back stomach side
- Are you currently a smoker? Yes No
- Are you an ex-smoker? Yes No
- Do you take medication on a regular basis? Yes No
- Please list your medications:
 - For high blood pressure
 - For high cholesterol
 - For high/low thyroid
 - Blood thinners
 - _____
 - Other medications: _____

EYES, EARS, NOSE, THROAT

- Blurry/double vision
- Failing vision (one/both eyes)
- Eye pain
- Deafness/Hearing loss
- Chronic earaches
- ringing/buzzing in one/both ears
- Asthma
- Frequent colds/flu
- Sinus infection
- Enlarged lymph glands
- Enlarged thyroid
- Abnormal thyroid function levels
- Slurred Speech
- Difficulty swallowing

SKIN

- Rashes, eczema, itching
- Bruising easily
- Dryness
- Do you have any **allergies**? Yes No
- If so, to what? _____

FOR WOMEN ONLY

- Painful menstruation
- Excessive flow
- Irregular cycle
- Cramps or backaches
- History of breast cancer in family? Yes _____ No _____
- Are you menopausal? Peri _____ Present _____ Post _____
- Are you on a Birth control pill? Yes No
- Have you been diagnosed with osteoporosis (low bone density)? Yes No
- Number of pregnancies? _____
- Number of children? _____

What is your current level of pain?
x-----x
0 1 2 3 4 5 6 7 8 9 10

Please draw your pain on the figure:

